

### ANNEXURES

#### DEPARTMENT OF SOCIAL WORK PROGRAMMES

2012-13

##### **A. Centre for Community Development and Action (CCDA):**

The Centre for Community Development and Action (CCDA), earlier known as Gram Mahila Kendra is an extension and demonstration unit of the Department. The Kendra had initiated its activities in the village Burari in the year 1988, with a focus on universal elementary and non-formal education, health and skill training programmes.

Presently, through its multiple programmes, the Centre caters to children, adolescents and the elderly, besides focussing on initiatives for the empowerment of the women of the community. The main thrust of the Centre is on community development based on community participation. Dr. Neera Agnimitra is the Honorary Director of CCDA. She is assisted by a trained and committed social worker Ms. Bhawna Prasad, and a team comprising two part-time Craft Instructors and a Balwadi teacher. Social work students, from the Department of Social Work and from the undergraduate colleges of Delhi University are also undertaking their concurrent field work training at the Centre. Till some time back, the Centre had been focussing its intervention mainly in the Satya Vihar and Burari Garhi clusters, but in the present context, it has expanded its coverage to include other clusters like Kaushik Enclave, Ajit Vihar, Julaha Basti, Pradhan Enclave and Brahman Para. The Centre follows a participatory, rights-based approach to community development and community empowerment.

##### **Main Programmes of the Centre Are:**

###### **(1) Balwadi Programme: Buniyad**

The Centre has been running a Balwadi in Satya Vihar, which is providing pre-school education to young children. The Balwadi also offers an opportunity to older children of the community, who do not go to school and are left unattended by their parents during the day, to gather and avail of diverse inputs focussing on non-formal education and recreation. The community is mainly inhabited by a mixed population, and it draws its clientele group from all community clusters. However, since its inception, the focus of this initiative has been to encourage children from the Muslim families, with the ultimate goal of facilitating their enrolment in the regular schools of the community. The Centre has been successful in achieving this objective, and in the last four years, it has become possible to consistently enable an increasing number of children to procure admission to government schools through intensive efforts with the children and their families. Presently, the Balwadi has strength of thirty children. In the current year, efforts have been made to strengthen the functioning of this resource centre through an upgradation of the syllabus and introduction of innovative teaching methodologies. Importance continues to be given to the organisation of monthly mothers' meetings and the involvement of fathers in the progress of their children. The mothers' meetings are now well attended and there has been a significant enhancement in the participation of the mothers in the functioning of the Balwadi and in the performance of their wards. Home visits by the Balwadi worker and the social workers have also ensured that there is now a close rapport between the community and the centre. The mid-day meal

programme has been modified and the children are provided with a variety of meals everyday to break the monotony.

As mentioned earlier, intensive efforts to admit children to the local government schools are being undertaken by the centre team every year. As many as twenty children have been admitted to the local government school in the academic session (2012-213). Out of these, fourteen were non-school going and six were school dropouts. An ongoing evaluation of the impact of the Balwadi has shown a high degree of community satisfaction with all the programme components. The centre celebrated the occasion of Independence Day, Republic Day and Children's Day and derived enthusiastic participation from the community in all the events. On 30<sup>th</sup> of October 2012, a workshop for children was organised, wherein diya painting and clay modelling competition was held and to further encourage the children, prizes were distributed on 14<sup>th</sup> of November, i.e. Children's Day. The Centre has planned a training programme, to be held shortly for the Balwadi staff, the ASHA workers of the community and the children to make them aware about the health hazards arising out of improper sanitation. This programme will be held in collaboration with St. John's Ambulance and the opportunity will enable the staff to adopt better service delivery techniques in the community.

### **(2) Health Programme: Sanjeevani**

The Centre has continued to place significant importance on health interventions. Efforts are continuously made to assess the health needs of the client groups in different community clusters and accordingly, inputs in the domain of maternal and child health, nutrition, and reproductive health have been provided on an ongoing basis for the children, women and the elderly members of the community. The centre aims to provide quality health care facilities to the vulnerable populations and also seeks to promote awareness on diseases and healthy living. It continues to collaborate with health providers in order to enable community groups to access their services. The organization of a "Nutritious Food Competition" elicited an enthusiastic participation of the women from diverse clusters. Simultaneously, a drawing competition on the theme of nutrition was conducted for children.

Under the health programme, the centre also organised health camps, nutrition camps and held weekly OPDs in the community in association with its Gender Resource Centre. The centre also continued to organise a mobile health service in collaboration with Ganga Ram Hospital for the third successive year. This service is provided every Friday in different clusters of Burari. Apart from quality consultation from trained medical professionals, the community has easy access to medicines and can also avail the benefits of medical tests.

A mega Health Camp has also been scheduled for the month of March 2013 with expert medical services. The camp shall cater to a variety of health needs of the community and would entail tapping the services of multiple health providers located within and outside Burari

### **(3) Women's Empowerment: Shristi**

CCDA continued to work towards the formation and strengthening of Self Help Groups in Burari and its adjoining areas. It gives us great pleasure to share that the Self Help Groups initiated by the centre are showing exemplary participation and self help initiative. The centre continued to collaborate with PRAYAS and NABARD for SHG exposure visits and capacity building training programmes to encourage more and more women to join in the initiative. A

total of twenty four SHGs are functioning currently. The groups have opened their bank accounts and are depositing their monthly savings on a regular basis and are functioning autonomously. Apart from interloaning, these six Self Help Groups: Ekta, Lifecare, Sai, Mamta, Sammelan and Laxmi have been facilitated to procure loans from the Rashtriya Mahila Kosh, PNB and SJSRY. In addition to the existing groups, the centre has initiated 12 SHGs in collaboration with its Gender Resource Centre. The group members of the SHGs have been attending the monthly meetings on a regular basis and these continue to be supervised and supported by the CCDA staff. The SHG women had displayed their handicraft items at the International Trade Fair from 21<sup>st</sup> November to 25<sup>th</sup> November 2012 and received an excellent response from the public. These items were sold out in huge numbers and this was a significant motivational source for the SHG women.

#### **(4) Vocational Training: Disha**

CCDA has been organizing an immensely popular and well attended vocational training programme in the community. This initiative is aimed at enhancing the skills of the girls and women; to enable them to explore employment avenues; and thereby assist them in becoming self reliant. The Centre is providing training for stitching, cutting and tailoring in its two Vocational Training Centres (VTCs) located at Pradhan Enclave and Shankarpura. Workshops on artificial jewellery making and production of other handicrafts have continued to be held on a regular basis in the different clusters. The finished products were displayed and sold at the Department of Social Work, on the occasion of the Annual Day of the Department.

#### **B. Centre for Child and Adolescent Well Being (CCAW)**

The Centre for Child and Adolescent Well Being (earlier known as Child Guidance Centre) is functioning in the premises of Department of Social Work, University of Delhi. The main aim of the Centre is to provide diagnostic, treatment and referral services to emotionally disturbed and socially deprived children, adolescents and to their families. It also caters to the neighboring schools and community with preventive and promotive wellbeing programmes. This year CCAW had following major activities:

- **Assessment Camp:** Centre organized an Assessment Camp on 28th August, 2012 for intellectually challenged children. Medical team from National Institute from Mentally Handicapped (NIMH) and Ram Manohar Lohia Hospital was invited who assessed 25 cases. The aim of the camp was to issue disability certificate to children which otherwise is a difficult task. After the assessment in the camp, children directly attained the certificate through which they got concessions on various services like railway, bus travel etc.
- **Awareness Camp:** Centre organised a Disability Awareness Camp on 6th September, 2012 for differently able children and their parents. There was an interaction and discussions with presentation on disability, its causes and management. The Centre collaborated with National Institute for Mentally Handicapped (NIMH). Doctors and special educators as resource persons were invited in the awareness camp. 40 parents with their children attended the Camp.
- **Health Sessions:** Health session for mothers was organised at Utthan (Community Centre) in collaboration with Delhi University Community Radio (DUSC). Around 20 women attended the session. Dr. Prabha Jain was the resource person for the session.

She discussed various health problems faced by women in day-to-day life and suggested simple remedies to them.

- **Magic Show:** On children's demand, a magic show was organised in the community on 3<sup>rd</sup> October 2012.
- **Lectures:** Lectures for trainees are delivered throughout the year to equip them to work more professionally with the people in the centre, school and community. Lectures on Principles of Case Work, Intellectual Disability, Cerebral Palsy, Down Syndrome, Coping Skills were organised this year.
- **Seminar:** The centre organised an annual seminar on "Holistic Development of Children: Face a book" in collaboration with National Book Trust at the department on 16<sup>th</sup> November 2012. Mr. M.A. Sikander, Director, National Book Trust inaugurated the seminar and shared his views on the value of books and their role in our lives. The session on "Children Holistic Development through Books" was taken by Dr. Ira Saxena. Dr. Harpreet Bhatia and Shri Somnath Dixit shared their knowledge and experiences with children. Lastly, Dr. B.K. Tyagi took play session with children which they thoroughly enjoyed.
- **Summer Camp:** Centre organised a one month Summer Camp for the children coming to the Centre, from 24<sup>th</sup> May to 25<sup>th</sup> June 2012. There were sessions on theatre, painting and spoken English. Approximately 30 children participated enthusiastically in the camp. On the last day, parents were invited for a cultural programme presented by children.
- **Foundation Day:** Centre celebrated its 45<sup>th</sup> foundation day on 15<sup>th</sup> October, 2012 in the Department of Social Work. Children from the school and community were invited to participate in the programme. A cultural programme was presented by the children. The celebration was attended by the Head, , Hon. Director of the CCAW and staff members of the Department.
- **Children's Day Celebrations:** The centre celebrated Children's day on 14<sup>th</sup> November 2012 in the Department. Children from the school and community participated in the celebration.
- **Picnic:** On 28<sup>th</sup> January, 2012, thirty two children associated with centre were taken to National Science Centre, Pragati Maidan. Children thoroughly enjoyed this exposure trip.
- **Theatre:** A play, Panch Parmeshwar by Epsa Theatre group was staged on 26 April, 2012 from 2 – 5 pm for 40 children of Centre and their parents. The play was based on Munshi Prem Chand's story which spoke about ethics of judgment.
- **Mobile library:** A small library has been set up in the Centre with approximately 105 books (story books, poetry, comics etc.) which are issued regularly to the campus children and to the students of DU Social Centre School on weekly basis.
- **Festival Celebration:** The centre celebrated festivals such as Holi, Diwali, Eid and Christmas with the campus children. Children enthusiastically participated in the celebrations.
- **Wellbeing Programmes:** Wellbeing programmes are running in both the schools mentioned above under which the trainee social work students work intensively with children and adolescents using both individual centered and group oriented approach to help them attain improved levels of functioning and adjustment.
- **Workshops:** Different workshops are organized throughout the year with children and adolescents in schools. The topics covered are stress management, examination fear and personality development.

**II. Services:** CCAW provides services to the needy children and adolescents who are in need of social and psychological support. At CCAW, we help the children and adolescents in identifying problems; provide specialized services, offers psycho-social interventions and also make networking and referrals. CCAW organises case conferences and clinical review meetings with the help of a small team. Case conferences are held regularly wherein cases are reviewed and action plans are developed. In 2012, the centre dealt with a total of 112 in comparison to 98 cases in 2011. CCAW serves as a context for developing knowledge and skills on child maltreatment, child development and related issues through clinical practice and research.

**III. Training:** CCAW works as a training agency and accepts students from departments of Social Work, Family and Child development. They are provided concurrent and Block field work training to ensure adequate learning opportunities for them. During this year, three students pursuing their Master's course in Social Work and four students pursuing their under graduation in Social Work were placed for the concurrent field work. Apart from this, five trainees from Social Work and Home Science background did their summer training in May 2012.

**IV. Extension:** CCAW worked in two neighboring schools and a community namely- Delhi University Social Centre School, Maurice Nagar and MCD School and Majnu ka Tilla community respectively.

This year project- UTTHAN at Majnu ka Tilla was initiated in collaboration with Lion Save Child Trust, Delhi. The project aims at upliftment of marginalised and unprivileged section of the community. Utthan focuses on health and hygiene of children and pregnant mothers. Its objective is to provide innovative learning experience to the children to create an interest in basic education among children, to explore, learn and understand new things and ideas. At present, 42 children are enrolled in different programmes of Utthan and the following activities are undertaken through Utthan project:

- Blooming Buds (balwadi): for pre- school children
- Uddyam (remedial classes): for school going children
- Saathi haath badhana (drop outs): Life skill education
- Stree Shakti Sangathan (mothers): Self Help Groups
- Counselling Sessions and health sessions with pregnant and lactating mothers

**V. Team:** The Centre continued to use the services of a full time Social Worker, Office Attendant and other visiting consultants' like- Clinical Psychologist, Speech Therapist and Special Educator. Ms. Charu Sethi, the social worker co-ordinates the overall activities of the centre. The staff is provided support to develop their knowledge and expertise by attending workshops, trainings and seminars. The CCAW is guided by an Advisory Consultative Committee of experts. Prof Sanjai Bhatt continued to work as honorary director of CCAW.

### **C. UDAI-II Sahyatri**

UDAI-II is a department outreach project which is rooted in a long standing and strong tradition of relief and rehabilitation initiatives by the students and faculty. The department has earlier stepped up to respond to the Uttarakhand earthquake (1992), Gujarat earthquake (2001), Kashmir earthquake (2005) and Gujarat pogrom (2002) and now possesses a repertoire of well tested approach and strategies for the disaster affected areas and people.

From the limited objective of contributing in relief for the flood affected people in Bihar in 2008, UDAI-II Sahyatri today has a long term commitment to empowering flood affected people in districts Supaul, Araria, Madhepura and Saharsa and to enhance their ability to earn their livelihood.. It also continues to bring back the experiences of this engagement into the learning systems and structures of the University.

SAHYATRI (meaning Co-traveler) in its present form is now four years old and is making an important contribution in the life of groups who were already on the margins of the society. The team has grown immensely in experience. It covered a lot of ground and continues to resolutely work towards change together with the people.

The three core initiatives Hamari Pathshala, Hum Yuva and Sakhi Saheli are continuing strongly and gaining stability within the community. The 20 non-formal remedial and alternative education centers (Hamari Pathshala) are doing well. Village youth have been organised and facilitated by Sahyatri in village committees called Hum Yuva to advocate for proper implementation of the public welfare programmes and provision of other government services. Women's groups ( Sakhi Saheli) are organising cluster based training programmes on sanitation, reproductive health, child survival, safe birth practices and vaccination. Sahyatri also makes an ambulance available to the people to take their patients to hospitals without any charge.

Each of these programmes in the twenty project villages is directly linked with the others and is woven into a comprehensive awareness and empowerment effort. It must be said that Delhi University support has strengthened the team which has interpreted and translated the modest financial support into a large-hearted gesture of solidarity and sustenance, as it gears to take its first steps towards self-sufficiency.

#### **D. State Training and Resource Centre**

The State Training and Resource Centre (STRC) was setup in Delhi in the year 2008, by NACO as part of its strategy to develop a sustainable system for the capacity building under NACP III. The mission statement of STRC declares it *ascentre of excellence to provide capacity building opportunities through innovation*. Accordingly, STRC seeks to develop a sustainable and innovative system for the capacity building of partner organizations implementing Targeted Intervention projects for High Risk Groups(HRG) with Delhi State AIDS Control Society (DSACS).It provides standardized and high quality training to partner NGOs/CBOs as per NACP III's technical and operational guidelines and it gathers learning through operational research and develops pedagogy of learning for TI scale up.

STRC gives emphasis to the importance of Human Resources working in TI and establishes innovative learning systems for their capacity building by engaging technical experts and community mentors from TI organization and community people who are at high risk. STRC assess the capacity building needs of 102 TI partners who are working for Female Sex Worker, Men having Sex with Men, Intravenous Drug Users, Truckers and migrants. During this year STRC has trained 1766 personnel in 45 batches. STRC has developed Resource Pool of 40 Master trainers with core competencies and more than 30 community mentors. Through its self learning innovative tools, it enables TI staff to pursue self- improvement in the areas most essential to improve their efficiency. STRC develops pedagogy for training of various categories and conducts training programs for state TI partners, documents best practices and training outputs in TI. It provides inputs to NACO/ SACS for necessary shift in

capacity building mechanism on targeted intervention. In addition, it has a Resource Center which supports TI project through its Knowledge Management approach to generate, manage and share the knowledge on TIs and other relevant areas for the partner organisations to improve their effectiveness and efficiency. The Resource Centre is also compiling the data base on modules/manuals, reports, tools and other HIV/AIDS/STI research studies,

STRC has carried out three Operational Researchs (ORs) and there is one ongoing study on “Health seeking behavior among Migrant Population in Delhi NCR”. It supports planning, coordinating and training functions to improve the quality of TIs and assists partners NGOs/CBOs in association with NACO/SACS/TSU in identifying and implementing new program approaches. It has also identified successful strategies for working with communities by documenting best practices, lessons learnt and programme process. STRC also conducts midterm and annual evaluations to assess the organizational capacity and quality of the interventions. Prof Sanjai Bhatt is the Honorary Director of STRC and Mr Narender Sindhi is the training Coordinator.

### **E. Gender Resource Centre-Suvidha Kendra**

The Gender Resource Centre is envisaged as an important mean to usher in social, economic, and legal empowerment of women, particularly those belonging to the under privileged sections of society. The Centre is expected to take care of all dimensions related to women’s empowerment in a holistic manner. The GRC is deemed to be the focal point of all issues relating to the empowerment of women in general and health, literacy and income generation component in particular. In February 2008 CCDA was granted a Gender Resource Centre - Suvidha Kendra by the Governing Council of Mission Convergence under the Chief Secretary, Government of NCT of Delhi under the auspices of the CCDA-Delhi School of Social Work Society. The GRC team, comprises seven members. The project officer is Mr. Sujit Kumar Kashyap. The Project Director Prof. Sanjai Bhatt leads the team as the Chief Functionary of the project.

The team of GRC includes a help desk counselor, an SHG outreach worker, two VTC instructors, two community mobilisers and an NFE teacher. The GRC has also established an extension centre at Nathupura in order to extend service delivery in its adjoining areas. This Centre is manned by a separate team of committed staff members.

The focus of the GRC has been on health, nutrition, legal aid and family counseling, vocational training, self-help group formation and strengthening microcredit, and non-formal education. The Health programmes organised by GRC include biweekly OPD and bimonthly health camps. Quality medical services are provided to the community through its free OPD, Health camps and mega Health camp which draw a large number of users from all part of the community. It disseminates free consultation and medicines to beneficiaries.

Six Health Camps and twenty two OPDs have been organised from February 2012 to December 2012. Free medicines are provided to community members through the Directorate of Health Services. The GRC also organises monthly nutrition camps to educate the community on low cost nutritious diet. As many as twelve nutrition camps have been organised in last one year and on an average, fifty to sixty persons attended each camp. Legal aid and family counselling is provided on a biweekly basis. Cases related to domestic violence, family disputes, and divorce are being undertaken under its auspices. The number

of beneficiaries registered under this programme is 1452, out of which thirty two cases have been resolved.

The GRC is running two Vocational Training Centres which provide training in Stitching-tailoring and beauty culture by following the course curriculum of Jan Shikshan Sansthan and the beneficiaries are being enrolled for NIOS certification.

It aims to provide remedial classes to school going children and literacy inputs to community women and adolescent girls. NFE is very comprehensive programme for non-school going and school drop outs. The total number of students enrolled under the NFE programme is seventy nine. The NFE is also providing free study materials (a set of Meri Kitab) developed by State Resource Centre, Jamia Millia Islamia. The students are also being enrolled for formal education and the NIOS exams.

The GRC has successfully formed twenty four SHG groups in various community clusters of Burari. Each group consists of approximately 12 to 15 members. Weekly meetings are being held on a regular basis to strengthen the functioning of the groups. Some groups have started group activities for income generation. The SHGs have also applied for loan under SJSRY scheme at the GRC.

The GRC is receiving an exceptionally positive response from the community. It has also provided excellent opportunities to social work students to derive a comprehensive training in planning and managing community organisation/development initiatives.

## **2013-14**

### **A. Centre for Community Development and Action (CCDA)**

The Centre for Community Development and Action (CCDA), earlier known as Gram Mahila Kendra is an extension and demonstration unit of the Department. The Kendra had initiated its activities in the village Burari in the year 1988, with a focus on universal elementary and non-formal education, health and skill training programmes.

Presently, through its multiple programmes, the Centre caters to children, adolescents and the elderly, besides focussing on initiatives for the empowerment of the women of the community. The focal point of the Centre revolves on community development based on community participation. Dr Neera Agnimitra is the Honorary Director of CCDA. She is assisted by a trained and committed Social Worker Ms. Bhawna Prasad, and a team comprising of two part-time Craft Instructors and a Balwadi teacher. Social work students, from the Department of Social Work and from the undergraduate colleges of Delhi University are also undertaking their concurrent field work training from the Centre. Till some time back, the Centre had been focussing its intervention mainly in the Satya Vihar and Burari Garhi clusters, but in the present context, it has expanded its coverage to include other clusters like Kaushik Enclave, Ajit Vihar, Julaha Basti, Pradhan Enclave and Brahman Para. The Centre follows a participatory, rights-based approach to community development and community empowerment.

Main programmes of the Centre are:

#### **(1) Balwadi Programme: Buniyad**

The Centre continues to operationalise its Balwadi in Satya Vihar, which is providing pre-school education to young children. The Balwadi also operates as a gateway for the older



children of the community, who do not go to school and are left unattended by their parents during the day to gather and gain various inputs focussing on non-formal education and recreation. The community is primarily inhabited by a mixed population, and it draws its clientele group from all community clusters. However, since its commencement, the focus of this initiative has been to encourage children from the Muslim families, with the ultimate goal of facilitating them to enrol in the regular schools of the community. The Centre has been successful in achieving this objective, and in the last few years, it has been possible to consistently enable an increasing number of children to mainstream them in the nearby government schools, through intensive efforts with the children and their families.

Presently, the Balwadi has strength of thirty-five children. In the current year, efforts have been made to strengthen the functioning of this resource centre through an up gradation of the syllabus and the introduction of innovative teaching methodologies. Monthly mothers' meetings still continue to be an important aspect of the Balwadi and the participation of fathers in the progress of their children. The mothers' meetings are now well attended and there has been a significant augmentation in the participation of the mothers in the functioning of the Balwadi and in the performance of their wards. Home visits by the Balwadi worker and the social workers have also ensured that there is now a close affinity between the community and the centre. The mid-day meal programme has been modified and the children are provided with a variety of meals everyday to break the monotony.

As mentioned earlier, intensive efforts are being undertaken by the Centre team every year, to admit the children to the local government schools. As many as fifteen children have been admitted to the local government school in the academic session (2013-2014). Out of this ten were non-school going and five were school dropouts. An ongoing assessment of the impact of the Balwadi has shown a high degree of community contentment with all the programme components. The Centre celebrated the occasion of Independence Day, Republic day and Children's Day and derived enthusiastic participation from the community in all the events. On 30<sup>th</sup> of August 2013, a workshop for children was organised, wherein poster making and a drawing competition were held, and to further encourage the children prizes were distributed. The Centre has planned a capacity-building training programme in collaboration with the Anganwadi Centres for the mothers and the Balwadi staff. This opportunity will enable the staff and the mothers of the community to have knowledge about the nutritional supplements.

## **(2) Health Programme: Sanjeevani**

The Centre has continued to place significant importance on health interventions. Constant efforts are being made to assess the health needs of the client groups in different community clusters and accordingly, inputs in the domain of maternal and child health, nutrition, and reproductive health have been provided on an ongoing basis for the children, women and the elderly members of the community. The Centre aims to provide quality health care facilities to the vulnerable populations and also seeks to promote awareness about diseases and healthy living. It continued to collaborate with health providers in order to enable community groups to access their services. The organization of a "Nutritious Food Competition" elicited an enthusiastic participation of the women from diverse clusters. Simultaneously, a drawing competition on the theme of nutrition was conducted for children. The Centre has also planned to organize a session with the Pregnant and lactating mothers of the community in collaboration with the Anganwadi Centres which will ensure a better service delivery in the community.

Under the health programme, the Centre also organises health camps, nutrition camps and holds a weekly OPD in the community in association with its Gender Resource Centre. Apart from quality consultation from trained medical professionals, the community is able to procure medicines and avail the benefits of medical tests.

### **(3) Women's Empowerment: Shristi**

CCDA continued to work towards the formation and strengthening of Self Help Groups in Burari and its adjoining areas. With the passage of time Self Help Groups initiated by the Centre continues to show exemplary participation and self help initiatives. The Centre continued to collaborate with PRAYAS and NABARD for SHG exposure visits and capacity building training programmes to encourage more and more women to join in the initiative. A total of twenty four SHGs are functioning currently. The groups have opened their bank accounts and are depositing their monthly savings on a regular basis and are functioning autonomously. Apart from inter loaning, these six Self Help Groups: Ekta, Lifecare, Sai, Mamta, Sammelan and Laxmi have been facilitated to procure loans from the Rashtriya Mahila Kosh, PNB and SJSRY. In addition to the existing groups, the Centre has initiated 12 SHGs in collaboration with its Gender Resource Centre. The group members of the SHGs have been attending the monthly meetings on a regular basis and these continue to be supervised and supported by the CCDA staff. On account of their excellent response from the public, this year the SHG women will be displaying the handicraft in the community on the occasion of Women's Day from 8<sup>th</sup> March 2014 to 10<sup>th</sup> March 2014, which will work as a motivational source for the SHG women.

### **(4) Vocational Training: Disha**

CCDA continues to implement the vocational training programme in the community in order to boost up the skills of the girls and women to facilitate them to explore employment avenues, and thereby assist them in becoming self reliant. This year the Centre which is providing training for stitching and cutting has been shifted from Pradhan Enclave to Tomar Colony, so as to reach to the most vulnerable population of the community and to ensure maximum utilization of service by the community cluster covered under this programme. Workshops on artificial jewellery making and production of other handicrafts have been held on a regular basis in the different clusters. The finished products were displayed and sold at the Department of Social Work, on the occasion of the Annual Day of the Department.

Recently, an Action cum Research project on 'The Rational and Safe Use of Medicines was undertaken in Burari community, under expert guidance from Dr. Neera Agnimitra. Through the initiative the Centre team was able to understand and analyse the practices related to use of medicines by the community members. Based on the same, a ten member team of community workers of CCDA and its GRC were trained in 'Safe and Rational Use of Medicines' by a team of doctors and pharmacists. Subsequently, the team initiated intensive and very innovative initiatives to spread awareness on the theme through community meetings, nukkad nataks (performed by community groups), home visits and film screening. The efforts were appreciated by through diverse client groups and a post survey has revealed significant change in community practices related to medicine use and health seeking behavior.

## **B. Centre for Child and Adolescent Well Being (CCAW)**

Centre for Child and Adolescent Well Being (earlier known as Child Guidance Centre) is functioning in the premises of Department of Social Work, University of Delhi. The Child Guidance Centre is established in 1971. It is a Centre for organized and scientific study and treatment of mal-adjusted children- the children whose development is thrown out of balance by difficulties which reveal themselves in unhealthy traits, unacceptable behaviors and in ability to cope with social and scholastic expectations.

The main aim of the Centre is to provide diagnostic, treatment and referral services to emotionally disturbed and socially deprived children, adolescents and to their families. It also caters to the neighboring schools and community with preventive and promotive well being programmes. The Centre continued to use the services of a full time Social Worker, Office Attendant and other visiting consultants' like- Clinical Psychologist, Speech Therapist and Special Educator. All these services are run under the guidance of an Honorary Director, Dr. Sanjai Bhatt who is one of the faculty members. Ms. Charu Sethi looks after the overall activities of the Centre.

**Social Assessment:** Ms. Sethi, Social Worker of the Centre assesses the cases for objective and subjective information wherein the main emphasis is on identifying problems, take opinion of specialists, offer psycho-social interventions, maintains records of the clients, organizes case conferences and organize clinical review meetings. She also supervises Social Work students placed in the Centre and ensures adequate learning opportunities for them. In addition, the Centre serves as a context for developing knowledge and skills about child maltreatment, child welfare, and related issues through clinical practice and research. Case conferences are held regularly wherein cases are reviewed and action plans are developed. *In year 2013, Social Worker of the Centre attended-*

- Exhibition at Bal Bhawan on Eco Club on 13<sup>th</sup> January 20103.
- Health Mela organized by IHBAS at Nehru Vihar on 27<sup>th</sup> January 2013.

She also delivered talk on “Schemes and Grants” for Children with Disability in Masoom Special School, Timar Pur. Besides, regular visits were made to National Institute of Mentally Handicapped, Masoom special school, Kulachi Manovikas for the networking etc. As a demonstration project, training of Social Work students is an important aspect of the Centre’s functioning. During last year, Three MSW students, Four BSW students were placed for the concurrent field work. Apart from this, two BSW trainees did Summer placement in May-June 2013. A total of 117 cases were assessed on various parameters like Social, Psychological, Speech and Special Education during the period from January to December 2013. The major activities of CCAW in 2013 are-

- **Psychological Assessment:** On Thursdays, the centre offers psychological assessment services to clients to aid their psychological development. The Clinical Psychologist administers various tests on clients to assess their Intelligent Quotient, Mental Age, level of social maturity, behaviour. After examining their condition, the Centre tries to intervene at three levels- individual level, family level and school level to benefit the client in the positive manner.
- **Speech Assessment:** On alternate Wednesdays, the speech therapist provides speech and language assessment therapy to children and adolescents; offering services to rectify fluency (stuttering/stammering) disorder, voice disorder, articulation disorder etc.

- Summer Camp: Centre organized summer camp from 21st May to 26th June, 2013. This year, 54 children participated in the camp. There were sessions on Dance, Craft and Origami and Drawing. Ms. Raj, Ms. Swati, Mrs. Neena Gupta and Mr. Raunak Gupta were the Resource Persons. On last day, all the parents were invited and cultural programme was organized showcasing children's learning during the camp.
- Foundation Day: Centre celebrated the foundation day on 15<sup>th</sup> October 2013 in the Department. 88 Children from CCAW and Utthan participated in the celebration. The different activities were organized for children like drawing competition, quiz contest and dance performances like- Ganesh Vandana, Taare Zamein Par etc. Programme was attended by Hon. Director of the CCAW, Members from Utthan and some other staff members of the Department.
- Mobile library: A small library has been set up in the Centre with approximately 85 books (story books, poetry, comics etc.) which are issued regularly to the campus children and to the students of DU Social Centre School on weekly basis.
- Baisakhi Celebration: Centre's celebrated Baisakhi on 10<sup>th</sup> April, 2013. 30 children attended the programme. Various activities took place like rangoli, painting competition, group songs, rhymes, dance performances etc and at last gifts were also distributed to the children. Prof. Batra and Late Ln. Surender Dutta were the guests on the programme.
- Lectures on Life Skills: Practical Lectures for trainees are delivered throughout the year to equip them to work more professionally with the target groups. For ex. Sessions on expressing feelings, relationship management, time management etc were taken. Other than these sessions on Principles of Case Work, Intellectual Disability, Cerebral Palsy, Down syndrome, coping skills etc. were delivered throughout the year for equipping trainees to work more efficiently in the Centre.
- Christmas: Centre celebrated Christmas with the campus children on 24<sup>th</sup> December, 2013. Around 35 children had attended the function. Children sang Christmas Carols. Various activities were held on that day like Quiz on Christmas, decoration of Christmas tree, dance performance and musical chair. And at last Christmas gifts were distributed to the children.

### **Activities at School:**

The Centre worked in two neighboring schools and a community namely- Delhi University Social Centre School, Maurice Nagar and MCD School and Majnu ka Tilla community respectively.

- Well being Programmes: The Centre extended the Wellbeing Programmes in two neighboring schools mentioned above, under which Centre worked intensively with children and adolescents using both individual centered and group oriented approach to help them attain improved levels of functioning and adjustment. Family life education for children (class III, V & VI) and adolescents (class VIII & IX) was undertaken at different levels of "improving memory, keeping healthy, dealing with peer pressure, understanding my parents, facing and managing challenges, chase your dreams" etc.
- Organized Workshops: The themes for workshop were picked from the group sessions in the school and the interactions with the teachers and principal. Centre hold three workshops this year:
  - Health and Hygiene workshop for adolescent girls in DU Social Centre School in collaboration with Proctor and Gamble.
  - Workshop on How to deal with Examination Stress at MCD School.
  - Hygiene and Sanitation issues with Girls at MCS School.

**Activities at Community:**

To meet the objective of promoting well being of the children and the adolescents, the Centre has been extending its services in the Majnu ka Tilla, Aruna Nagar. Social Work student trainees placed in the agency extend the services of the centre in the community. Under community outreach programmes, non formal education activities for school drop out boys, adolescent girls, and pregnant mothers were carried out.

UTTHAN Centre, Majnu ka Tilla (community rehabilitation project of CCAW) is initiated last year which is the distinguished future plan. The project is in collaboration with Lion Save Child Trust, Delhi which is the funding agency. The project aims at upliftment of marginalized and unprivileged section the community. Utthan focuses on health and hygiene of children and pregnant mothers. Its objective is to provide innovative learning experience to the children to create an interest in basic education among children, to explore, learn and understand new things and ideas. The activities undertaken under Utthan project are:

- Blooming Buds (balwadi): for pre school children
- Uddyam (remedial classes): for school going children
- Saathi haath badhana (drop outs): Life skill education
- Stree Shakti Sangathan (mothers): Self Help Groups
- Counselling and health sessions with pregnant and lactating mothers

**C. UDAI-II Sahyatri**

UDAI-II is a department outreach project which is rooted in a long standing and strong tradition of relief and rehabilitation initiatives by the students and faculty. The department has earlier stepped up to respond to the Uttarakhand earthquake (1992), Gujarat earthquake (2001), Kashmir earthquake (2005) and Gujarat pogrom (2002) and now possesses a repertoire of well tested approach and strategies for the disaster affected areas and people. From the limited objective of contributing in relief for the flood affected people in Bihar in 2008, UDAI-II Sahyatri today has a long term commitment to empowering flood affected people in districts Supaul, Araria, Madhepura and Saharsa and to enhance their ability to earn their livelihood.. It also continues to bring back the experiences of this engagement into the learning systems and structures of the University.

SAHYATRI (meaning Co-traveler) in its present form is now four years old and is making an important contribution in the life of groups who were already on the margins of the society. The team has grown immensely in experience. It covered a lot of ground and continues to resolutely work towards change together with the people.

The three core initiatives Hamari Pathshala, Hum Yuva and Sakhi Saheli are continuing strongly and gaining stability within the community. The 20 non-formal remedial and alternative education centers (Hamari Pathshala) are doing well. Village youth have been organised and facilitated by Sahyatri in village committees called Hum Yuva to advocate for proper implementation of the public welfare programmes and provision of other government services. Women's groups (Sakhi Saheli) are organising cluster based training programmes on sanitation, reproductive health, child survival, safe birth practices and vaccination. Sahyatri also makes an ambulance available to the people to take their patients to hospitals without any charge.

Each of these programmes in the twenty project villages is directly linked with the others and is woven into a comprehensive awareness and empowerment effort. It must be said that Delhi University support has strengthened the team which has interpreted and translated the modest financial support into a large-hearted gesture of solidarity and sustenance, as it gears to take its first steps towards self-sufficiency.

#### **D. State Training and Resource Centre**

The State Training and Resource Centre (STRC), Delhi was setup in the year 2008, by NACO as part of its strategy to develop a sustainable system for the capacity building under NACP III. The mission statement of STRC declares it as centre of excellence to provide capacity building opportunities through innovation. Accordingly, STRC seeks to develop a sustainable and innovative system for the capacity building of partner organizations implementing Targeted Intervention projects for High Risk Groups (HRG) with Delhi State AIDS Control Society (DSACS). It provides standardized and high quality training to partner NGOs/CBOs as per NACP III's technical and operational guidelines and it gathers learning through operational research and develops pedagogy of learning for TI scale up.

Department of Social Work aims to promote education, research, training and action in the field of social welfare and development. It is continuing with its efforts for HIV/AIDS prevention with keen focus on Capacity Building of Target Intervention partners looping with State Training and Resource Centre under NACP-III in partnership with Delhi State AIDS Control Society. State Training and Resource Centre (STRC) was setup in Delhi in the year 2008, by NACO.

To achieve the goal STRC has conducted several training programs for different cadres of TI NGOs in last five years from the inception year 2008 Aug to till date for Programme Managers, Counsellors, M&E officers, Out Reach Workers, Accountant and Peer Educators and trained more than, 8051 NGO staff members and community volunteers STRC gives emphasis to the importance of human resources working in TI and establishes innovative learning systems for their capacity building by engaging technical experts in their respective academic committee and community mentors from TI organization and community people who are at high risk.

With efforts of the STRC team, a pool of Resource persons and community mentors were developed with Hindi pedagogy, the resource material were converted into local language for the better understanding of TI staff, specially emphasising on Peer Educators. Apart from the high attrition rate in TI staff, STRC mainly focus on key beneficiaries at grass root level through Peer Educators which turns to be the major strength of the program. Prof Sanjai Bhatt is the Honorary Director of STRC and Mr Narender Sindhi is the training Coordinator. From September 2013 it has been stopped.

#### **E. Gender Resource Centre-Suvidha Kendra**

The Gender Resource Centre (GRC) is envisaged as an important mean to usher in social, economic, and legal empowerment of women, particularly those belonging to the under privileged sections of society. The GRC is expected to take care of all dimensions related to women's empowerment in a holistic manner and it is deemed to be the focal point of all issues relating to the empowerment of women in general and health, literacy and income generation component in particular. In February 2008, CCDA was granted a Gender Resource Centre - Suvidha Kendra by the Governing Council of Mission Convergence under

the Chief Secretary, Government of NCT of Delhi under the auspices of the CCDA-Delhi School of Social Work Society. The Project Director Prof. Sanjai Bhatt leads the team as the Chief Functionary of the project. The GRC team comprises Nine members. The project Coordinator is Mr. Sujeet Kumar Kashyap. The team of GRC includes a Project Officer, help desk counselor, an SHG outreach worker, two VTC instructors, two community mobilisers and an NFE teacher. The GRC has also established an extension centre at Nathupura in order to extend service delivery in its adjoining areas. This Centre is manned by a separate team of committed staff members.

The focus of the GRC has been on health, nutrition, legal aid and family counseling, vocational training, self-help group formation and strengthening microcredit, and non-formal education. The Health programmes organised by GRC include two OPD in a month and one health camps towies in a month. Quality medical services are provided to the community through its free OPD, Health camps and mega Health camp which draw a large number of users from all part of the community. It disseminates free consultation and medicines to beneficiaries. Six Health Camps and twenty two OPDs have been organised from February 2012 to December 2012. Free medicines are provided to community members through the Directorate of Health Services. The GRC also organises monthly nutrition camps to educate the community on low cost nutritious diet. As many as twelve nutrition camps have been organised in last one year and on an average, fifty to sixty persons attended each camp. Legal aid and family counselling is provided on a biweekly basis. Cases related to domestic violence, family disputes, and divorce are being undertaken under its auspices. The number of beneficiaries registered under this programme is 1217, out of which thirty two cases have been resolved.

The GRC is running two Vocational Training Centres which provide training in Stitching-tailoring and beauty culture by following the course curriculum of Jan Shikshan Sansthan and the beneficiaries are being enrolled for NIOS certification. It aims to provide remedial classes to school going children and literacy inputs to community women and adolescent girls. NFE is very comprehensive programme for non-school going and school drop outs. The total number of students enrolled under the NFE programme is Eighty five. The NFE is also providing free study materials(a set of Meri Kitab) developed by State Resource Centre, Jamia Millia Islamia. The students are also being enrolled for formal education and the NIOS exams. The GRC has successfully formed thirty one SHG groups in various community clusters of Burari. Each group consists of approximately 12 to 15 members. Weekly meetings are being held on a regular basis to strengthen the functioning of the groups. Some groups have started group activities for income generation. The SHGs have also applied for loan under SJSRY scheme at the GRC.

The GRC is receiving an exceptionally positive response from the community. It has also provided excellent opportunities to social work students to derive a comprehensive training in planning and managing community organisation/development initiatives. It is one of the field work agency for students of social work.

## **2014-15**

### **A. Centre for Community Development and Action (CCDA)**

The Centre for Community Development and Action (CCDA), earlier known as Gram Mahila Kendra is an extension and demonstration unit of the Department. The Kendra had

initiated its activities in the village Burari in the year 1988, with a focus on universal elementary and non-formal education, health and skill training programmes.

Presently, through its two major programmes, the Centre caters to children and adolescents besides focussing on initiatives for the empowerment of the women of the community. The main thrust of the Centre is well being of the people which it aims to achieve through community participation. Dr. Pamela Singla took the charge as the Honorary Director of CCDA on 21<sup>st</sup> July, 2014. Her team comprises of the newly recruited social worker Ms. Dimple Mishra, a Balwadi teacher and an instructor at the vocational training programme. Social work students, from the Department of Social Work and from the undergraduate colleges of Delhi University are also undertaking their concurrent field work training at the Centre. Till some time back, the Centre had been focussing its intervention mainly in the Satya Vihar and Burari Garhi clusters, but in the present context, it has expanded its coverage to include other clusters like Kaushik Enclave, Ajit Vihar, Julaha Basti, Pradhan Enclave and Brahman Para. The Centre follows a participatory, rights-based approach to community development and community empowerment.

International Women's Day was celebrated in the community on the 7<sup>th</sup> March 2015. The programme was organized with the full support of the men, women and children of *Julaha Basti* along with the social work students from the undergraduate colleges and the Department. The highlights of the Programme were play, poems and Nukkad Natak which highlighted the nature of social problems being faced in the community such as alcoholism, domestic violence and female foeticide.

The Balwadi which runs in Ajeet Vihar attends to the school dropouts and provides pre-school education. The strength is 30 children. Efforts have been made to strengthen the functioning of this resource centre through an up gradation of the syllabus and introduction of innovative teaching methodologies. Importance continues to be given to the organisation of monthly mothers' meetings and the involvement of fathers in the progress of their children. The mothers' meetings are now well attended and there has been a significant enhancement in the participation of the mothers in the functioning of the Balwadi and in the performance of their wards. Home visits by the Balwadi worker and the social workers have also ensured that there is now a close rapport between the community and the centre.

Women's empowerment at the Centre is done by making women self reliant economically. For this the Centre has initiated three Self Help Groups with average strength of 15 members. Besides this the Centre is providing training for stitching, cutting and tailoring for young girls and women in *Tomar Colony*.

## **B. Centre for Child and Adolescent Well Being (CCAW)**

The Centre for Child and Adolescent Well Being (earlier known as Child Guidance Centre) is functioning in the premises of Department of Social Work, University of Delhi. The Centre has been functional since its establishment in 1971. It is a Centre for organized and scientific study and treatment of mal-adjusted children – the children whose development is thrown out of balance by difficulties which reveal themselves in unhealthy traits, unacceptable behaviours and inability to cope with social and scholastic expectations. The main aim is to provide diagnostic, treatment and referral services to emotionally disturbed and socially deprived children, adolescents and to their families. It also provides similar services to the neighbouring schools and communities.



The Centre has a full time Social Worker, Office Attendant and visiting consultants like Clinical Psychologist, Speech Therapist and Special Educator. The centre functions under the guidance of an Honorary Director, Prof. Sushma Batra, a faculty member in the Department. Ms. Charu Sethi (Social Worker) looks after the overall activities of the Centre. She attended various workshops in different special schools and Institutions, one of which is “Assessment and Interventions for Children with Special Needs” organized by Indian Association of Holistic Psychology held on January 1–5, 2014 at S D Public School, Pithampura, Delhi.

**Social Assessment:** The Social Worker in the Centre assesses the cases for objective and subjective information wherein the main emphasis is on identifying problems and seeking opinion of specialists. Besides this, the worker offers psycho-social interventions, maintains records of the clients, organizes case conferences and organizes clinical review meetings. In addition, the Centre serves as a context for developing knowledge and skills about child maltreatment, child welfare, and related issues through clinical practice and research. Case conferences are held regularly wherein cases are reviewed and action plans are developed.

**Psychological Assessment:** On Thursdays, the psychologist, Dr. Harpreet Bhatia offers psychological assessment services to the clients to aid their psychological development. The Clinical Psychologist administers various tests on clients to assess their Intelligent Quotient, Mental Age, level of social maturity, behaviour. After examining their condition, the Centre tries to intervene at three levels- individual level, family level and school level to benefit the client in the positive manner.

**Speech Assessment:** On alternate Wednesdays, the speech therapist, Dr. J.C. Nigam provides speech and language assessment therapy to children and adolescents; and offers services to rectify fluency (stuttering/stammering) disorder, voice disorder, articulation disorder, etc.

**Workshop with Parents:** A workshop was held on ‘Scholastic Problems in Children with Reference to Speech and Language’ on 28<sup>th</sup> February, 2014. Dr. J. C. Nigam was the honorary speaker. He talked about the basic language development, learning process and speech problems in school going children with causes and remedies.

A total of **129 cases** were assessed on various parameters like Social, Psychological, and Speech during the period from January to December 2014.

**Assessment Camp:** The centre organized an Assessment Camp for children with Intellectual Disability. The camp was held in collaboration with National Institute of Mentally Handicap. A team of doctors from NIMH assessed 16 children registered their names for the disability certificate.

**Foundation Day:** The centre celebrated the Foundation Day on 15<sup>th</sup> October 2014 in the Centre. Around 30 Children attended the programme where different activities were also organized for children like drawing competition, quiz contest etc. Programme was attended by Honorary Director of the CCAW and other staff members of the Department.

**Summer Camp:** The centre organized a Summer Camp from 26<sup>th</sup> May to 26<sup>th</sup> June 2014. The camp was held for three hours per day. As many as 54 children participated in the camp. Drawing, theatre and aerobics were the different sessions for the cultural and aesthetic

development of children. On the last day, all the parents were invited and a cultural programme was organized showcasing children's learnings during the camp.

**Mobile library:** A small library has been set up in the Centre with approximately 85 books (story books, poetry, comics etc.) which are issued regularly to the campus children and to the students of DU Social Centre School on weekly basis.

**Christmas Celebration:** The centre celebrated Christmas with the children of Centre and Utthan on 23<sup>rd</sup> Dec, 2014. The celebrations took place in the auditorium. Around 60 children participated in the event. Children presented a play on "Birth of Jesus" and sang carols. Other activities were held on that day like quiz on Christmas, decoration of Christmas tree, dance performance etc. At the end, Christmas gifts and refreshment were distributed to the children.

**Services to Social Work Interns:** The Social Worker at the Centre supervises Social Work students placed here and ensures adequate learning opportunities for them. As a demonstration project, training of Social Work students is an important aspect of the Centre's functioning. During last year, one MSW student and six BSW students were placed for the concurrent field work. Apart from this, two BSW trainees did Summer placement in May-June 2014. One MSW trainee from IGNOU completed her Block Placement in June, 2014.

**Programmes and activities at Schools:** Centre is working in two neighbouring schools namely Delhi University Social Centre School, Maurice Nagar and MCD School. In both these schools, regular sessions on Family Life Education, Confidence building, facing exams were held throughout the year.

- *Well being Programmes:* The Centre worked intensively with children and adolescents using both individual centred and group oriented approach to help them attain improved levels of functioning and adjustment. Family life education for children (class III, V & VI) and adolescents (class VIII & IX) was undertaken at different levels of "improving memory, keeping healthy, dealing with peer pressure, understanding my parents, facing and managing challenges, chase your dreams" etc.
- *Workshops:* Centre held three workshops last year in the schools mentioned below:
  - "Good touch and Bad Touch" for girls of standard III and IV in MCD School
  - "Confidence building" for students of VI and VII standard in DUSC School and
  - "Curbing Bully Behaviour" with children of class III, IV and V in both these schools.

### **Programmes and Activities in the Community:**

**Outreach Programmes and Early Intervention Centre:** To meet the objective of promoting well being of the children and the adolescents, the Centre has been extending its services in neighbouring schools and an adopted community namely Majnu ka Tila, Aruna Nagar. Social Work student trainees placed in the agency are lucky in being able to add to their learning by getting exposed to the extension centre.

**UTTHAN Centre, Majnu ka Tila** (Community Rehabilitation Project of CCAW), initiated in 2012, is an Extension Centre of CCAW. It is funded fully by the Lion Save Child Trust and managed by the Delhi School of Social Work Society located at the premises of the

Department. Utthan aims at upliftment of marginalized and unprivileged section the community. It also focuses on health and hygiene of children. Over a period of 2 years the centre has progressed substantially by undertaking number of projects like:

- Blooming Buds (Balwadi): for preschool children: 26
- Uddyam (remedial classes): for school going children:28
- Saathi haath badhana (drop outs): Life skill education:5
- Stree Shakti Sangathan (mothers): Self Help Groups:8
- Mehndi classes for adolescent girls: 12
- Counselling Sessions and health sessions with pregnant and lactating mothers.

The various programmes organized by Utthan, in the current year include:

- *Republic Day Celebration:* Utthan celebrated the Republic Day on 24<sup>th</sup> January 2014. Different activities were organized for children like drawing competition; quiz contest etc.
- *Holi Celebration:* Utthan celebrated the Holi function on 14<sup>th</sup> March 2014. Children and their mothers participated in this programme. Children danced on various tunes of Holi songs. One boy was dressed up as Krishna and a girl was dressed up as Radha, they both performed on Radha- Krishna Holi song with great enthusiasm. Children played holi with flower petals and enjoyed a lot.
- *Summer Camp:* For the first time, summer camp was organized at Utthan for children from 9<sup>th</sup> June to 4<sup>th</sup> July. There were different activities for different age group- drawing and art, craft and origami, dance etc. On last day, all the parents were invited and cultural programme was organized in Community Centre, a Majnu ka Tilla showcasing child's learning during the camp.
- *Independence Day:* Function of Independence Day was celebrated at Utthan centre, children sang various patriotic songs and performed play, they were also distributed prizes and refreshments. *Mehndi Stall:* On the eve of Karvachauth, women learning mehndi at Utthan were placed in a stall in kamla nagr to put mehndi. Women generated good money there and developed lot of confidence.
- *Diwali Mela at Blind Relief Association (BRA):* Utthan booked a stall at B.R.A. Diwali Mela, for three days viz. 17<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> October. Items made by women at Utthan centre were placed like- bells, pen stand, dhuni, lamp, ganpati, fengshui items etc.
- *Children's Day:* children were taken on picnic at Doll Museum and India gate, 33 children and staff of Utthan was there. Children were shown heritage of doll culture of different countries and then they played and enjoyed at India gate.
- *Christmas Day Celebration:* Utthan, in collaboration with CCAW, celebrated Christmas with children from the campus and community on 23<sup>rd</sup> Dec, 2014 (11 am to 1pm). The celebration took place in the Auditorium of the Department. Around 60 children participated in the event. Children presented a play on "Birth of Jesus" and sang Christmas Carols. Some other activities held on that day are Quiz on Christmas, decoration of Christmas tree, dance performance and musical chair. At the end, gifts and refreshment were given to the children.

All these activities are attended by the Trustees of Lion Save Child Trust as well as Faculty of Department of Social Work. Organizing these activities and participation of children has instilled a lot of confidence in the beneficiaries.

**2015-16**

### **Centre for Child and Adolescent Well Being**

The Centre for Child and Adolescent Well Being (CCAW), since its inception in 1971, has been operating out of the Department of Social Work premises and systematically catering to the developmental needs of children. The CCAW has evolved as a centre for organized and scientific study and treatment of mal-adjusted children whose development is hampered and which are manifested in unhealthy traits, unacceptable behaviors and inability to cope with social and scholastic expectations.

The main aim of the Centre is to provide diagnostic, treatment and referral services to emotionally disturbed and socially deprived children, adolescents and to their families. It also caters to the neighbouring schools and community with preventive and promotive well being programmes.

The Centre is headed by Prof. Sushma Batra, who is the Honorary Director and she is supported by a full-time Social Worker and Office Attendant. Other consultants such as the Clinical Psychologist, Speech Therapist and Special Educator visit periodically. Ms. Charu Sethi who was overseeing the Centre's activities in the capacity of a social worker resigned during the reporting period to pursue higher studies and till the time of publication of this report fresh appointment was pending. Nevertheless, Ms. Sethi continued to extend her voluntary services to the Centre and most of the planned activities could be conducted as per schedule due to the efforts and diligence of the entire team. A total of 43 cases were assessed on various parameters like social, psychological, speech and special education during the period from February to October 2015.

**Activities at the Centre:** The following activities were undertaken by the CCAW team during the reporting period:

- Set up a stall at Department for two-days on account of *Holi* for fund raising. Herbal colours were put on sale at the stall which was visited by the faculty, students and non-teaching staff of the Department.
- On 20<sup>th</sup> March 2015, a day-long camp was organised at the Department where nearly 50 children from the Centre and Majnu ka tilla community participated. There were various indoor and outdoor learning, developmental and recreational activities for children at the camp.
- The Centre organized a summer camp from 25<sup>th</sup> May 2015 to 25<sup>th</sup> June, 2015 in which 60 children participated. There were sessions on dance, music, karaoke, aerobics, craft and drawing for the children. On last day of the camp, all the parents were invited and a grand cultural programme was organized to showcase the children's learning during the camp.
- The Centre celebrated its Foundation Day on 16<sup>th</sup> October 2015 in the Department. 42 Children from CCAW and Utthan participated in the celebration where different activities were organized for children. Puppet show was the main attraction which children enjoyed the most.

- CCAW in collaboration with Eepsa Theatre Group organized the theatre play - “*Khilte hai Gul Yahan*” on 14<sup>th</sup> January, 2016 at the Department. The play addressed the interpersonal relations of parents and children belonging to middle class families. It was attended by teachers and students of the Department and community children and adolescents along with their parents.

**Activities in Neighbouring Schools:** The CCAW worked in two neighbouring schools, namely, the Delhi University Social Centre School in Maurice Nagar and the MCD School in Majnu ka Tilla community. The following activities were conducted in these schools:

- The Centre extended the Wellbeing Programmes in above mentioned schools, using both individual-centred and group-oriented approach to help students attain improved levels of functioning and adjustment. Sessions on family life education for children (class III, V & VI) and adolescents (class VIII & IX) was undertaken.
- CCAW held two workshops, one on Health Talk with students of class VIII and IX in DUSC School in February 2015 and the other on teacher-student relationship at the MCD School in March 2015.

**Activities in the Community:** To meet the objective of promoting well-being of children and adolescents, the Centre has been extending its services to the Majnu ka Tilla community in Aruna Nagar colony of North Delhi. Social work trainees placed in the CCAW extend the services of the Centre to the community via Utthan Centre situated in C block of Majnu ka Tilla. The Utthan Centre is the collaborative project of Delhi School of Social Work Society and Lion Save Child Trust. It aims at upliftment of marginalized and unprivileged sections of the community. Its objective is to provide innovative learning experience to the children to create an interest in basic education among them and encourage them to explore, learn and understand new things and ideas. Under this flagship intervention several programmes were organised in the community which include:

- Independence Day Celebration on 14<sup>th</sup> August 2015 where children sang patriotic songs and narrated stories of freedom fighters.
- On 25<sup>th</sup> August 2015, cloth donation camp was organized at Majnu ka Tilla. Cloths for children, women and men were distributed to needy ones.
- A stall on Diwali was put up for two days to showcase different items made by SHG group at Utthan. *Diyas*, candles, *bandhanwars* were on display and sale.
- A pre-Christmas celebration was held on 22<sup>nd</sup> December Christmas was celebrated at Utthan with all the children and staff. Children represented stories of Jesus Christ through a play.

Apart from these activities, the social worker also participated in various fora to share experiences of working with children and also learn new ways of working. She delivered a lecture on Play Therapy in Training of Counsellors, organized by DIET and also attended a Behavioural Management Programme at Sahas Special School.

**Centre for Community Development and Action**

The Centre for Community Development and Action (CCDA), earlier known as Gram Mahila Kendra is an extension and demonstration unit of the Department. The Centre which began in 1957 in Alipur, Samaipur block, initiated its activities in the village Burari in the year 1988, with a focus on universal elementary and non-formal education, health and skill training programmes. Over the years, the Centre has shifted its base to cover various areas in Burari spreading over Swaroop Nagar, Shakarpura, Satya Vihar, Nathupura, Burari Garhi and Ajit Vihar to name a few. As per the available records, some of the programmes initiated under the Centre have ranged from Self Help Groups, Health Programmes, Vocational Training, programme for elderly, legal aid programme, non formal education (NFE), nutritional awareness programme and the *balwadi* programme.

The Centre also has students from the Department and the under graduate students of social work, placed for their concurrent field work. The Centre has reallocated itself within Ajit Vihar to cover new geographical area, with requirement which were not covered earlier. Presently, through its programmes, the Centre caters to children and adolescents besides focussing on initiatives for the empowerment of the women of the community. The main thrust of the Centre is well being of the people which it aims to achieve through community participation. The Centre follows a participatory, rights-based approach to community development and community empowerment.

The various programmes initiated in Ajit Vihar in the past one year include the following:

**Balwadi:** The present strength of children at the *balwadi* is 25, aged between 3 to 6 years from Ajit Vihar, Gali No. 1 to 5. They are also joined by school drop-out children from the community. Efforts have been made to strengthen the functioning of this resource centre through introduction of innovative teaching methodologies. *Balwadi* has incorporated many new methods and techniques to make children learn and the focus is to develop the overall personality of the children rather than sticking to conventional method of teaching.

- **Adolescent Girls' meetings:** These meetings are organized once a month and various issues of concern to the young girls are discussed. Some of these include domestic violence, education of girls, and career development.
- **Mothers' meet:** Importance continues to be given to the organization of monthly mothers' meetings and the involvement of fathers in the progress of their children. The mothers' meetings are now well attended and there has been a significant enhancement in the participation of mothers in the functioning of the *Balwadi* and in the performance of their wards. Tasks of community organization has also been undertaken by making community people participate actively in the issues like spread of dengue, alcoholism etc.
- **Livelihood generation for women:** Livelihood generation has been initiated by CCDA by making women self reliant economically. They have been provided training on envelope making in a full day workshop at the Centre and the women have been linked with the local market. This programme is still in its initial stages.
- **Training Workshop on Self Defense:** A training workshop was organized on 'Women's Safety and Defense' for community girls at the Department on 23<sup>rd</sup> and 24<sup>th</sup> February, 2016. The training was organized by Ms. Dibya who is part of a

professional group of trainers who conduct training on women's safety and self defense, called Wellido. This was an intensive two day training programme from 9.00 a.m. to 6.00 p.m. The programme was attended by 12 girls from the community along with a few students from the Department. The training was highly appreciated by the participants and was a good mix of theory and practical sessions. The participants also got a chance to interact with the Head of the Department, Prof. Manoj K Jha, on the first day and with the Proctor, University of Delhi, Prof. Satwanti Kapoor on the second day, who were highly appreciative of the initiative and at the participation of the girls.

- **Celebration of International Women's Day in Ajit Vihar:** International Women's Day was celebrated in Julaha Basti last year much to the excitement of the community. The programme last year was organized at a small level with the support of the men, women and children of Julaha Basti along with the social work trainees. The highlights of the Programme were play, poems and *nukkad natak* which highlighted the nature of social problems being faced in the community such as alcoholism, domestic violence and female foeticide. This year the Women Day celebration was definitely a step ahead and organised at a more large and formal scale at Ajit Vihar in the presence of the Department faculty and Prof. Anita Sharma from Department of East Asian Studies as the Chief Guest. The programme was attended in large numbers by community people. The events included the welcome of the guests, introduction to the Centre and its achievements in past year and the future plan, exchange of few words by the guests, sharing of experiences by the beneficiaries of the programmes, the prize distribution of various competitions, and cultural programme by the community children.

The Centre is trying to create its own identity away from the Gender Resource Centre existing in Burari. The Centre received a setback when the services of the *balwadi* teacher and vocational training teacher were not extended. Despite such adversities, the Centre is resolutely extending its services and doing the best it can to overcome this shortage. While the *balwadi* programme continues with the services of the social worker and the students placed, the vocational training programme of stitching and tailoring is temporarily suspended. In the near future, the Centre plans to start the vocational training in collaboration with the Jan Shikshan Sansthan and plans are also afoot to work on awareness generation on issues of health and nutrition; gender sensitization and awareness on anti-trafficking in collaboration with the NGO Shakti Vahini.

### **Community Development Cell, University of Delhi**

In accordance with the recommendations made by the Honorable President of India and the Honorable HRM during the Vice Chancellors' Conference held at Rashtrapati Bhawan in February, 2015, the MHRD directed all Central Universities to set up a Community Development Cell, which would identify at least five villages for adoption as model villages by the University. In line with this notification, the University of Delhi set up a Community Development Cell Committee, with Prof. Manoj K. Jha as the Convenor and Prof. Neera Agnimitra as the Member Secretary. The work of the Community Development Cell is being undertaken by the Department ever since its inception. After a thorough assessment, five villages requiring community development initiatives were chosen and adopted by the Community Development Cell. These are: Badarpur Khadar, Chauhan Patti, Jagatpur, Mukundpur and Jharoda. A monthly progress report of the work of the Cell is sent to the University, which sends it further to the office of the Honorable President of India.

The Community Development Cell initiative placed ten students for Concurrent Field Work in the five selected villages having low socio-economic indicators. These students have been supervised by two faculty members and have worked under the overall coordination and mentoring of Prof. Jha and Prof. Agnimitra. The students' teams initially collated information on socio-economic demographic variables in the villages by employing participatory rural appraisal techniques. Subsequently they also assessed the needs and problems of the residents of the five communities, based on which they planned their interventions.

The initial needs assessment of the villages reflected urgency for intervention with regard to health, more so with the severe dengue outbreak in the area. Using a participatory approach, urgent interventions were organized to contain the spread of dengue in the villages. This included the cleaning of streets and drains, and spraying and fogging in collaboration with the MCD and dissemination of information with regard to prevention through the conduction of rallies, interactive sessions and distribution of pamphlets. With the students' intervention, much of this has now become a regular part of MCD engagement in the area. Taking into cognizance the multiple and pressing health issues affecting the residents, the Cell organized a series of health camps and initiated a mobile medical van service to the area. The students are consistently working towards the creation of sustainable health services in the villages through the establishment of Mohalla Clinics. The health camps show excellent participation by the communities, and it goes to the credit of the student teams that they are able to mobilise resources and support from within the community and from external partners to create an exemplary interface with the communities.

In view of the fact that the villages faced a shortage of development infrastructure, an active and sustained liaison has been established with the concerned authorities for infrastructure upgradation in all the five villages. Work related to the sanctioning of water tankers; installation of water coolers in a school to mitigate the drinking water problem, and the commencement of DTC bus service to address the connectivity issues of the villages was undertaken, among other interventions. The students are also taking initiatives to address the problem of sanitation and waste management by networking with concerned authorities for installation of dust bins, segregation of degradable and non-degradable waste, and for ensuring regular sweeping and cleaning of the drains in the villages. They are also undertaking activities for generating awareness amongst the children on a plethora of subjects at schools and in the community. The student's team is trying to help the farmers in improving their agricultural productivity by facilitating soil testing and issuing of soil health cards. The focus of the Cell is also on the creation and strengthening of the existing community based groups in the villages, and working with them to address the problems of women, children and adolescents. The Department is proud to note that even without any monetary provision from the MHRD, the Cell is doing notable work. It has not only established its presence in the area, but has managed to garner the support of diverse sections of the five villages for implementation of needs based initiatives.

**2016-17**

#### **A. Centre for Child and Adolescent Well Being**

The Centre for Child and Adolescent Well Being (earlier known as Child Guidance Centre) is functioning in the premises of Department of Social Work, University of Delhi. The main



aim of the Centre (CCAW) is to provide diagnostic, treatment and referral services to emotionally disturbed and socially deprived children, adolescents and to their families. All the services of the centre have been suspended last year, due to lack of funds from the University. However, like every year, summer camp for children was organized at the Department by the Centre focusing on developing lifelong skills, building confidence, being physically active, grow up independently.

The CCAW organized Summer Camp of one month duration beginning from 25th May to 24th June 2016. There were fifty eight participants which includes 48 children (between 6 to 15 years) and 10 children (between 3 to 5 years). The various activities in the camp, for Group 1 included Self Defense, Calligraphy, Craft and team building games. Self Defense sessions were organized in collaboration with Delhi Police. In the sessions, children learnt different moves and developed gross and fine motor abilities resulting in their holistic development. They were also able to improve coordination and balance. Children constantly learnt new skills and felt physically fit. Calligraphy sessions were organized in collaboration with Sur-Sadhna team. Calligraphy is important to improve eye-hand coordination, composition and balance. Children produced beautiful calligraphy combining strong energetic marks with the flow and balance. In the craft time, children made innovative pen holders, wall hangings, mobile holders etc. using trash and scraps. Best out of waste was the theme of craft sessions. In weekly origami sessions, children learnt to make yatches, double door houses etc. In team building games, children learnt group skills, communication and bonding. They improved morale and enhanced leadership skills. The perfect square, purpose mingles etc were the regular games in this session. For children of three to five years of age, storey telling, free drawing and play were the important sessions which were designed creatively to retain attention of young children.

Two trainees from Indraprastha Institute of Information Technology (IIIT), Delhi did their internship in summer camp. They were engaged meticulously in designing website for the centre and conducted team building games innovatively. On the concluding day of the summer camp, guests and parents were invited and children showcased their learning with great enthusiasm.

## **B. Centre for Community Development and Action**

The Centre for Community Development and Action (CCDA), earlier known as Gram Mahila Kendra is an extension and demonstration unit of the Department. The Centre which began in 1957 in Alipur, Samaipur block, initiated its activities in the village Burari in the year 1988, with a focus on universal elementary and non-formal education, health and skill training programmes. Over the years, the Unit has shifted its base to cover various areas in Burari spreading over Swaroop Nagar, Shakarpura, Satya Vihar, Nathupura, Burari Garhi and Ajit Vihar to name a few. As per the available records some of the programmes initiated under the Center have ranged from Self Help Groups, Health Programmes, Vocational Training, programme for elderly, legal aid programme, non formal education (NFE), nutritional awareness programme and the balwadi programme. Presently, the Center is working in Ajit Vihar, Burari with focus on children adolescents and women's well being with a participatory approach.

The present team of CCDA comprises of Prof. Pamela Singla, Director (Honorary) and Ms. Dimple Mishra, Social worker. The Center also has the services of the students from the Department and the Under Graduate colleges of the University placed here for their internship/ concurrent fieldwork programmes.

Presently, the following programmes are functional in Ajit Vihar:

**Balwadi:** The present strength of the balwadi is 26 children, aged 3 to 6 years from Ajit Vihar. They are also joined by the school drop-out children from the community. Efforts have been made to strengthen the functioning of this resource centre through introduction of innovative teaching methodologies. Balwadi has incorporated many new methods and techniques to make children learn and the focus is to develop the overall personality of the children rather than sticking to conventional method of teaching.

**Adolescent Girls meetings:** The present strength is 10 girls. The meetings are organised once a month and various issues of concern to the young girls are discussed. Some of these include trafficking, domestic violence, education of girls, and career development.

**Mother's meet:** This group comprises of the mothers of the children coming to the balwadi. Some of the issues discussed with them are admission to the schools, health and hygiene, spread of dengue and ways to control it. Importance continues to be given to the organisation of monthly mothers' meetings and the involvement of fathers in the progress of their children, though the latter's participation is very little. The mothers' meetings are well attended and there has been a significant enhancement in the participation of the mothers in the functioning of the Balwadi and in the performance of their wards. The Center has facilitated the enrolment of the children in Public and Government schools.

**Livelihood generation for women:** Livelihood generation has been initiated by CCDA by making women self reliant economically. The women were provided training on envelope making in a full day workshop at the Centre and the women have been linked with the local market. Some women still continue to make use of the skill in generating additional income.

**Vocational Training Course (VTC):** The Center continues to run the stitching and tailoring course. Presently three women are attending this class and the instructor is a lady from the community who volunteers her services.

Some of the events organized in the past two years in the community are as given below:

**International Yoga Day (IYD):** The International Yoga Day was celebrated in the community on June 21st and has become a practice since past two years. The Social Worker conducted the session to generate awareness on the benefits of yoga and disciplined life. The session was well attended by the community, particularly the women and girls.

**International Drug De-addiction Day (IDDD):** The Drug de-addiction day was celebrated on 26th June, 2016 with a request by the community women to address the prevalence of drugs and alcohol in the community. A half day workshop was organized in the community by CCDA in collaboration with Sawera NGO to address the issue.

**International Women's Day (IWD):** International Women's Day was celebrated once again in Ajit Vihar for the third time much to the excitement of the community. The programme was once again well attended by the community, the faculty of the Department, students from the colleges and the Department. The audience was introduced to the activities of the Center and achievements in the past one year including the plans for the future. There was sharing of experiences by the beneficiaries of the programmes, the prize distribution of various competitions, and cultural programme by the community which highlighted the nature of

social problems being faced in the community such as alcoholism, domestic violence and female foeticide.

**Rallies on eve-teasing:** To address this issue of eve teasing in the community, a training workshop on self defense and safety was organized at the Department of Social Work last year (2016) in February and ten girls from the community were trained into the basics of self defense. The training was conducted by Ms. Dibya who is a part of a professional group of trainers for training on women's safety and self defense, called Wellido. This was an intensive two days training from sharp 9.00 a.m. to 6.00 p.m. and was inaugurated by the Proctor, University of Delhi. The girls who attended the training have formed a core group in the community. With their support and with participation of other residents series of rallies on eve-teasing were conducted in the community and the issue was also addressed by the Director, CCDA during the International Women's Day this year to seek support from all the residents particularly the young boys and men in combating the practice from the community.

**Talk on Anti-trafficking programme:** A talk on generating awareness on trafficking and traffickers was organized for the benefit of the community particularly for lanes 1-5 of Ajit Vihar. This was done in collaboration with Shakti Vahini, Delhi based NGO. Among many things shared by the resource person was the child helpline number 1098.

**Addressing the sanitation and surroundings:** The Center with the support of the local Pradhan and the youth of the area has tried to address the sanitation problem. Meeting with the local MLA helped in addressing the issue partially.

**Encouraging outside participation of the community:** CCDA has encouraged the children and the youth to participate in the ongoing cultural activities and competitions organized in the colleges and other schools. Different activities in which participation of the CCDA children was received were like group dance, 400 metres race, drawing & colouring & theme-based poster making competition. Two prizes were won by CCDA at the Ambedkar college fest.

**Services to social work interns:** CCDA supervises the social work students placed at the Center for the fieldwork training & provide them with adequate learning opportunities. As department's extension & development project, the social work students play important role in functioning of the project.

### **C. Community Development Cell & Unnat Bharat Abhiyan, University of Delhi**

The work in the five villages adopted under the Community Development Cell of the University of Delhi began in the last academic session with lot of enthusiasm and energy. The programme moved to its second year with a new team of ten students being placed there for concurrent field work. Villages having low socio-economic indicators namely Badarpur Khadar, Chauhan Patti, Jagatpur, Mukundpur and Jharoda were chosen for community development initiatives. Based on the need assessment done by the students they started intervening. In the last academic session, liasoning was done with concerned authorities for infrastructure upgradation in the villages, for example, the sanctioning of water tankers, installation of water coolers in the school to absolve the drinking water problem, commencement of DTC bus service to address the connectivity issue etc.

In the current session, the students took into cognizance the predominant health issues affecting the residents. A number of medical camps and awareness generation sessions have been organized to meet the health needs of people. The students have taken activities for generating awareness amongst the children on a plethora of subjects at schools and in the community. They have also associated with women through Anganwadis and are working with them in groups on various issues beginning from nutrition, health, personal hygiene etc.

They have been working regularly with groups to address the problems of adolescents, dropouts etc. Strengthening of existing and formation of new groups in the villages is being done to garner the support of different sections of the villagers for implementation of further activities. Networking with Non- Governmental Organizations in the area is being done to mobilize people to make avail of the services being rendered in the community and initiatives have also been taken to bring some organizations from outside to deliver demanded or need based services. The work is also being done to bring about awareness regarding various schemes initiated by Central and State Government to benefit women and children (girls), widows and persons with disability.

Specifically, some pertinent issues are being addressed in these five villages: In Mukundpur, the students have engaged themselves in health sector majorly. They have taken sessions with pregnant women and ANMs working with these pregnant women. They have been working to encourage institution based deliveries and ensuring proper pre-natal and ante-natal care during pregnancy and after the birth of the child. The students are closely working with the dispensary, Doctors and other staff members to bring in the real stake holders into the process. Students have also created a platform where they have brought in mothers and adolescent girls for an interface to discuss menstrual health and hygiene issues. Simultaneously, they are working in two private schools for awareness generation among children on health and hygiene to prevent skin and other infections for which children are brought for treatment at the dispensary.

While in Jharoda, the students have been involved in strengthening ICDS programme. They are involved into reviving the functioning of Anganwadi centres from a food distribution centre to a resource centre for proper psychological, physical and social development of the child. They have initiated activities with children which make them spend some time learning new things at the centre. To make the effort sustainable, adolescent boys and girls who have dropped out from school have been involved to do strategic hand-holding of these young ones and guide them towards formal schooling. This is being done on a pilot basis in two anganwadi centres. The success of this effort will lead to its replication to other anganwadi centres.

The students placed in Jagatpur are also working on improving the functioning of ICDS programme. ICDS is centrally sponsored programme and implemented through the state governments. ICDS, launched in 1975 is one of the world's largest and most unique programmes for early childhood development. It can be said that while ICDS programmes have been somewhat successful in improving health outcomes, it is not properly equipped to deal with the educational needs of preschool children. Thus, the trainees have involved themselves in capacity building of Anganwadi workers and helpers.

In Badarpur Khadar, the intense engagement in the field brought into light that almost a fifth of the village's demography is dominated by elderly. Mapping the life history of elderly and especially the women revealed that most of them had migrated and were a part of the

informal economy in the past. Therefore, they suffer from lack of asset and resources to sustain themselves in the present. Keeping in mind the felt and actual need of the ageing population who faced ill health, desolation and marginalization, interventions were made at 3 levels. Firstly, networking was undertaken with various governmental agencies and MLA for provision of old age pension and widow pension to ensure that their economic vulnerability is curbed. This process benefitted a couple of beneficiaries and about 5 of such applications are under process. Secondly, those aging over 60 years often face ill health and lack of proper medical care. Inadequate nutrition is another challenge which they tend to not to overcome. To address this, two health camps were organized, a generic health camp by collaborating with Helpage India and a focused one for eye check up by collaborating with Dr. Shroff Hospital. About 200 beneficiaries benefitted from these processes. The trainees working in the community also make way for psychological well being of the elderly by undertaking action oriented case work. And thirdly, to address the issue of rights, attempts are underway for formation of a Senior Citizen's Association in Badarpur Khadar in collaboration with Help Age India. The aim is to address the issue of dispossession and right to live with dignity. It is believed that a permanent platform will also facilitate uninterrupted health infrastructure.

Chauhan patti, at the outskirts of Delhi is another location which shows intensely stratified and unequal class and caste structure among the residents and migrants. Interventions were undertaken with the migrant populations of the community. As per need, three target groups were identified and action was taken for migrant women, migrant youth and first generation of migrant children in schools. For migrant women who were employed as construction workers, awareness generation regarding equal pay for equal work, maternity leave and crèche facility were undertaken. Health and safety at work was the main priority area. With the youth, continuous sessions were undertaken for their absorption into formal sector through computer programme and other provisions of Skill India Programme. Counselling sessions were also conducted for adolescent boys in the community regarding various psycho-social/ sexual problems encountered by them.

Lastly, interventions were undertaken with first generation of migrant children who are school going. Catharsis activities, mapping domestic violence at home, exclusion faced in the community vis. a vis. the upper class were some of the themes of various sessions taken with them.