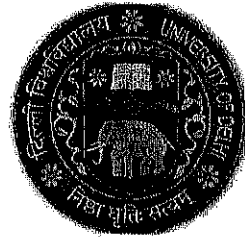


UNIVERSITY OF DELHI

MASTER OF ARTS



M. A. Applied Psychology

Effective from the Year 2021-2022

Revised Syllabus as per Choice Based Credit System (C.B.C.S.)

Department of Psychology, University of Delhi, Delhi

Designing of the Course

1. These courses were designed and developed by smaller groups of faculty members. At least two faculty members were assigned the task of designing the Core and Elective papers.
2. The courses were designed to be commensurate with the credit system, which requires a minimum of 40-50 hours of active engagement over a semester.
3. It was envisaged to provide learning possibilities with a high degree of specialization and in-depth knowledge in at least one area/domain of the discipline, or more than one. Nonetheless, developing and retaining appropriate level of skills to enhance employment opportunities in different domains was decided to be a concurrent priority while designing the courses. It is to be remembered that a significant number of students enroll in the Graduation Program after having done Psychology in grade XII. Larger number of students, however, has previous study exposure from other streams of sciences, arts and commerce. Therefore, one of the principles that was kept in mind was that the transition be made smooth both from content as well as process orientation of teaching.

Programme Structure

The M. A. Applied Psychology Programme is a two years programme consisting of 4 semesters, 2 in each year

| Semester | Core Course | | | Elective Course | | | Open Elective Course | | | Total Credits |
|------------------------------|---|---------|-------|-----------------------|---------|-------|----------------------|---------|-------|---------------|
| | No. of papers | Credits | Total | No. of papers | Credits | Total | No. of papers | Credits | Total | |
| I | 4+1(Practicum) | 4 | 20 | - | - | - | - | - | - | 20 |
| II | 2+1 (Practicum) | 4 | 12 | 2 | 4 | 8 | - | - | - | 20 |
| III | 1(Field Training) + 1 (Practicum) | 4 | 8 | 3 | 4 | 12 | 1 | 4 | 4 | 24 |
| IV | 1 Practicum + 1 Dissertation | 4+8 | 12 | 3(Elective papers) | 4 | 12 | 1 | 4 | 4 | 28 |
| Total credits for the course | | | | | | | | | | 92 |

Course Credit Scheme

The structure of papers prescribed for various semesters shall be as follows:

Semester I

Semester 1 shall consist of 4 core papers, which will be compulsory for all students. Each core paper will be for 4 credits. 4 credits will be provided for the Practicum that will be compulsory for all students.

| Paper Code | Nature | Title | Maximum marks | Credit Points |
|------------|------------|------------------------------------|---------------|---------------|
| AP/10001 | Core paper | Introduction to Applied Psychology | 100 | 4 |
| AP/10002 | Core paper | Community Psychology | 100 | 4 |
| AP/10003 | Core paper | Quantitative Research Methods | 100 | 4 |
| AP/10004 | Core paper | Applied Cognitive Psychology | 100 | 4 |
| AP/10005 | Compulsory | Practicum | 100 | 4 |

Semester II

Semester 2 shall consist of 2 core papers (4 credit points per paper). There will be three specializations offered to the students out of which students will have to opt for 1 specialization: Clinical Psychology (A), Organizational Behaviour (B) and Counseling Psychology (C). Students have to take two elective papers from that chosen specialization. Each elective paper will be for 4 credit point

| Paper Code | Nature | Title | Maximum Marks | Credit Points |
|------------|------------|--|---------------|---------------|
| AP/20001 | Core paper | Applied Psychometrics | 100 | 4 |
| AP/20002 | Core paper | Qualitative Research methods | 100 | 4 |
| AP/20003A | Elective | Psychopathology | 100 | 4 |
| AP/20004A | Elective | Psychotherapeutic Processes | 100 | 4 |
| AP/20003B | Elective | Basics of Organizational Behaviour | 100 | 4 |
| AP/20004B | Elective | Applied Industrial/Organizational Psychology | 100 | 4 |
| AP/20003C | Elective | Psychology of Group Dynamics | 100 | 4 |
| AP/20004C | Elective | Self and Personal Growth | 100 | 4 |
| AP/20005 | Compulsory | Practicum | 100 | 4 |

Semester III

Semester 3 shall consist of 3 elective papers from each of the three specializations. 4 credit points shall be given for each of these elective papers.

There will be a mandatory paper on Field Training Work that the students will have to undertake which shall be for 4 credit points. Students will have to opt for one Open elective paper which shall be of 4 credits.

One practicum paper will be compulsory for all students.

| Paper No: | Nature of Paper | Title | Maximum Marks | Credit Points |
|------------------|-----------------------------|---|----------------------|----------------------|
| AP/30001A | Elective | Forensic Psychology | 100 | 4 |
| AP/30002A | Elective | Childhood Psychopathology | 100 | 4 |
| AP/30003A | Elective | Neuropsychology | 100 | 4 |
| AP/30001B | Elective | Organizational Change and Development | 100 | 4 |
| AP/30002B | Elective | Training and Consulting in Organizations | 100 | 4 |
| AP/30003B | Elective | Managing Across Cultures | 100 | 4 |
| AP/30001C | Elective | Critical Psychology | 100 | 4 |
| AP/30002C | Elective | Counselling and socio-cultural context | 100 | 4 |
| AP/30003C | Elective | Psychology of Relationships | 100 | 4 |
| AP/30004 | Compulsory | Practicum | 100 | 4 |
| AP/30005 | Open Elective | Health Psychology | 100 | 4 |
| AP/30006 | Open Elective | Psychological Testing and Applications | 100 | 4 |
| AP/30007 | Open Elective | Applications of Social - Psychological Principles | 100 | 4 |
| AP/30008 | Theory-Practice Integration | Field Training/Internship | 100 | 4 |

Semester IV:

Semester 4 shall consist of 3 elective papers each from 3 specializations, there will be one compulsory Practicum paper. Students will have to opt for one open elective papers from this semester. There shall be a Dissertation paper that will be compulsory for all students. The dissertation shall be for 8 credit points.

| Paper No: | Nature of paper | Title | Maximum Marks | Credit points |
|------------------|------------------------|--|----------------------|----------------------|
| AP/40001A | Elective | Neuropsychological Rehabilitation | 100 | 4 |
| AP/40002A | Elective | Cognitive Behavioral Interventions | 100 | 4 |
| AP/40003A | Elective | Applied Psychophysiology and Biofeedback | 100 | 4 |
| AP/40001B | Elective | Organizational Culture and Climate | 100 | 4 |
| AP/40002B | Elective | Leadership processes in Organizations | 100 | 4 |
| AP/40003B | Elective | Cross-Cultural Communication | 100 | 4 |
| AP/40001C | Elective | Psychology of Gender and Power | 100 | 4 |
| AP/40002C | Elective | Psychoanalytic and Cognitive-Behavioral Approaches to Counseling | 100 | 4 |
| AP/40003C | Elective | Humanistic and Feminist Approaches to Counseling | 100 | 4 |
| AP/40004C | Compulsory | Practicum | 100 | 4 |
| AP/40005 | Open Elective | Psychology of Peace and Happiness | 100 | 4 |
| AP/40006 | Open Elective | Correctional Psychology | 100 | 4 |
| AP/40007 | Open Elective | Hypnotherapy | 100 | 4 |
| AP/40008 | Open Elective | Sports Psychology | 100 | 4 |
| AP/40009 | Compulsory | Dissertation | 200 | 8 |

Notes:

1. Students can earn a maximum of 8 credit points from the Open Elective papers (including Semester 3 and 4)
2. Open Elective and Specialization Papers shall be offered depending upon the availability of the faculty.
3. In order to claim/earn a Specialization; students are required to take at least Six Elective papers in that Specialization.
4. In each semester the students can opt for only one specialization area.
5. No practical examination or Viva-voce shall be conducted for the open electives.